



**Inspire. Empower. Uplift.**  
2024 ANNUAL CAMPAIGN



## OUR LOCAL IMPACT

- Financial Assistance
- Child Care/Pre-school/ Full-day Kindergarten
- Summer Camp
- Counselor in Training
- Camp Inclusion Program
- Special Needs Programs
- Swim Lessons
- Before/After School Care
- Academic Tutoring
- Student Advocate Program
- LIVESTRONG® at the YMCA
- Enhance® Fitness
- Active Older Adult Programs
- Swim Team
- DEI Initiatives

## 2023 MISSION IMPACT

- **\$218,752** Direct Financial Assistance & Community Program Support
- **1,946** children served 0-17 years old
- **262** children in Early Education & Before/After School Care
- **459** children in Summer Camp
- **2,610** adults pursuing fitness and wellness
- **512** connections with Active Older Adults
- **165** adult participants in chronic disease prevention & management programs
- **1,296** children in swim lessons





## YOUR GIFT MAKES IT POSSIBLE... MEET PARISSA

"In my 20s, I learned that I had Stage 4 cancer. The diagnosis and treatments were a physical and emotional shock. I spent my life building muscle and even became a yoga instructor; but, in remission my muscles, joints, and whole body hurt. I tried rebuilding strength, but it caused muscle strain. Then I found LIVESTRONG® at the YMCA. The program hugely improved my quality of life by making exercise accessible despite my physical limitations. The program helped me to regain strength, relieve stress, and rebuild my confidence. The Y invests in people and the community. The importance of the Y should not be taken lightly; it has truly changed my life."

## The Impact of Your Generosity

When you donate to Hillsborough YMCA, you have an extraordinary opportunity to make a meaningful difference right in your own neighborhood.

Give online at [www.gscymca.org](http://www.gscymca.org).

### HILLSBOROUGH YMCA

19 East Mountain Road,  
Hillsborough, NJ 08844

A BRANCH OF GREATER SOMERSET COUNTY YMCA

 HillsboroughY |  gscymca |  gscymca

Greater Somerset County YMCA is a leading nonprofit committed to strengthening community by connecting all people to their potential, purpose and each other. The Y empowers everyone—no matter who they are or where they're from—by ensuring access to resources, relationships and opportunities for all to learn, grow and thrive. For information about Greater Somerset County YMCA and financial assistance, visit us at [www.gscymca.org](http://www.gscymca.org).



For a better us.®

