GREATER SOMERSET COUNTY YMCA
2019 COMMUNITY IMPACT REPORT

The Y.™ For a better us.
Dear Friends,

Over the past few decades, the face of our community has changed considerably. Notably, the average median age is on the rise, the population is increasingly diverse and more residents are living below the poverty level. Our community’s social needs continue to evolve and grow, and so, too, does our organization to meet the new challenges.

Knowing the transformative difference we are making in the life of each person who walks through our doors, we are compelled to grow and deepen our community impact. In 2019, we strengthened our organization through a commitment to nonprofit excellence, sound financial stewardship, continual reinvestment in our facilities and communities, expansion into underserved markets and smart growth initiatives.

To support our ambitious strategic plan, we continue to raise and invest significant capital. The funds ensure that everyone – regardless of background, age or ability – has the opportunity and the resources necessary to reach their full potential. With optimism and determination, we work to propel the community forward and shape a bright future for all.

In today’s landscape of ever-increasing social and economic division, the Y’s work is needed now more than ever. Everything the Y does is in service of building a better us. From athletics to education to health services to safe spaces, the Y fills the gaps where society falls short.

This report highlights the impact our Y made in the community throughout 2019. It also celebrates a representation of all the people – board members, volunteers, partners, donors, members and staff – who made it all possible.

Together, we transform lives and strengthen community.

Sincerely,

John O. McManus
Board of Directors Chair

David M. Carcieri
President & CEO

$1.7 MILLION IN FINANCIAL ASSISTANCE

to provide programs and services to all regardless of financial circumstances

33,354 COMMUNITY MEMBERS
transformed through Y membership and program participation

4,437 YOUNG SWIMMERS
empowered through drowning prevention skills and swim lessons

199 BARRIERS BROKEN
through programs for individuals with special needs

932 BRIGHT FUTURES
made possible through Early Learning Readiness, After School Care and Academic Enrichment Programs

1,768 HAPPY CAMPERS
discovered potential and gained self-esteem while making lifelong friends and memories all summer long

3,619 ACTIVE KIDS
engaged in Wellness Memberships, Youth Sports, Swim Team, Gymnastics and Dance

1,435 DEDICATED VOLUNTEERS
giving back with their time, talent and service to strengthen community

948 COMMUNITY MINDED STAFF
engaged and developed through employment at the Y

89% LOCAL STAFF
infuse economic vitality into greater Somerset County as most Y employees live, work and play locally

OUR MISSION
Greater Somerset County YMCA is a charitable service organization, rooted in Christian values and dedicated to helping all people grow in spirit, mind and body. We are guided by our principles of caring, honesty, respect and responsibility.

80X151 John O. McManus
88X144 David M. Carcieri
242X151 David M. Carcieri
88X144 President & CEO
DIVERSITY AND INCLUSION
The Y’s commitment to diversity and inclusion creates better communities, a better country and a better world. The Y is a safe space where all are welcome, we provide a place for everyone to reach their full potential. In 2019, we launched a staff-led LGBTQ+ group that provides opportunities for authentic conversations about personal and professional development. Additionally, the group hosted initiatives, events and activities that successfully fostered greater understanding and inclusion throughout the organization.

GLOBAL PARTNERSHIPS
As part of a global nonprofit organization, we, at Greater Somerset County YMCA, believe in sharing our leadership, expertise and skills in collaboration with other YMCAs to advance the Y’s mission. Following the devastating aftermath of Hurricane Maria, our YMCA became one of 16 partners in a national YMCA coalition to provide support to the two YMCAs in Puerto Rico. Among the identified needs, we provide strategic advice, guidance on operations, fundraising support, material and more.

CULTURAL ENGAGEMENT
The Y is a place where everyone belongs. Each day, we celebrate a spirit of unity and stand in support of all people. To that end, we established active Cultural Engagement Committees at each of our branches to ensure the Y reflects the community of which it is a part. In 2019, the committees hosted 14 activities to promote vibrant cultures and the beauty of our diverse community.

CHRONIC DISEASE PREVENTION
With a commitment to expanding and innovating programs in response to pressing health and social needs, we launched the Diabetes Prevention Program. Our specially trained staff helps to improve the health of pre-diabetic individuals through lifestyle changes. Program participants collectively lost 7% of their body weight and 60% of them dropped below pre-diabetes glucose levels.

OPERATIONAL EXCELLENCE
In 2019, we were proud to have been the recipient of two prestigious awards. In April, we were recognized by the North American YMCA Development Organization (NAYDO) with the Eagle Award for excellence in philanthropy. Additionally, the Somerset County Business Partnership awarded Greater Somerset County YMCA with its Economic Vitality Award. Both awards underscore our focus on non-profit excellence and fiscal responsibility.

ALWAYS GROWING
Through our strategic priority of providing vibrant facilities that are cornerstones in the community, we continually reinvest in our branches and expand our programs to new communities.

Wellness Reinvestment
Guided by our strategic plan and a steadfast commitment to meeting the health and wellness needs of members and the community, we have been reinvesting in our facilities to best serve all, while transforming lives. Over the past year, we completed a two-story expansion of Somerset Hills YMCA to include nearly 15,000 sq. ft. of state-of-the-art, fully accessible wellness space. Through the generous support of our capital campaign, we continue to create welcoming, inclusive spaces for healthier lifestyles.

New Communities
PLAINFIELD
In early 2019, we launched programs in Plainfield, beginning with after school child care. Soon thereafter, we received a charter from YUSA for a branch called Plainfield YMCA. During the summer months we expanded programs to include summer camp. In all programs, there were 92 happy, learning children. 1,004 meals served, 7,005 hours improving health and a two-story expansion of the Plainfield YMCA.

ALWAYS GROWING
In partnership with the Franklin Township Recreation Department, we expanded our program offerings to include youth sports, youth enrichment, adult fitness, as well as programs for active older adults and individuals with special needs. The expanded programming has resulted in an increase of 42% in participation.

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2019 STRATEGIC PLAN HIGHLIGHTS
For over 145 years, Greater Somerset County YMCA has addressed some of our community’s most pressing social issues that affect our children, our health, our families and our neighbors. We listen and respond to critical needs, with emphasis on the most vulnerable citizens and under-served populations, and, as a result, the Y has become a vital, trusted and respected cornerstone throughout the organization. Understanding and inclusion successfully fostered greater success, events and activities that reflect the community of which it is a part. In 2019, the committees hosted 14 activities to promote vibrant cultures and the beauty of our diverse community.

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Today’s children are tomorrow’s leaders, and developing future leaders has always been a pillar of the Y’s work. At the Y, children and teens experience relationships that build understanding, empathy and emotional maturity; participate in programs that inspire core values; and have opportunities that foster positive behaviors for learning, work and life. Our holistic approach to youth programs focuses on character development, self-reliance and resilience to help them succeed, now and in the future.

12,078 ACTIVE CHILDREN & TEENS

Throughout the year at the Y, children and teens are empowered to reach their full potential by exploring new interests, pursuing their passions and connecting with family and friends. It is a safe haven where they can be, belong and become.

+39% SAFE SWIMMERS

Swimming is a critical life skill. The Y helps prevent drownings through swim lessons and reinforcing water safety, which saves lives and improves the safety of the community. Last year, 4,437 children participated in swim lessons, a 39% increase over the previous year.

26% OF STAFF = TEENS

Of Greater Somerset County YMCA’s full- and part-time staff, 248 employees are between the ages of 15 and 19 – representing 26% of our workforce in 2019.

$35,000 TO BUILD STRONG CHARACTER

Building character at a young age is vital. In 2019, we secured $35,000 in Y-USA Character Development Learning Institute Grants to integrate character-building skills in our After School Care and Civic Engagement Programs. Based on positive results, we plan to expand the initiative to additional youth programs.

+73% CIVIC-MINDED TEENS

In 2019, 62 teens engaged in our Youth & Government and Model UN programs, in which they built leadership skills while learning the importance of civic responsibility and making a meaningful difference in the world. Their participation was a 73% increase over last year.

“The Y provides me with endless opportunities to learn and grow. When I wasn’t selected for my high school’s debate team, I was devastated. But then, I heard about the Y’s Model UN program and I jumped at the chance to join. It was my first experience in a debate program not based on competition, but rather on character development. Instead of proving other people wrong, we are encouraged to discuss policy and current events that impact us all. With the support of the Y staff, I took a leadership role and grew Model UN participation, plus led the Youth & Government program. The Y staff inspires me to become an advocate for people who are less fortunate. When we invest in the Y’s cause, we all grow as a community.”

– Tya, Hillsborough YMCA
At the Y, we believe that individual health is essential to a strong, thriving community. When we all work together to inspire wellness, the community as a whole benefits. In a world where much attention is on treating illness, we remain committed to improving individual and community health with emphasis on prevention. Through a holistic approach to wellness focused on strength in spirit, mind and body, we provide children and adults with the tools, resources and support they need to live healthier lives at every age.

1,100 HEALTHIER FAMILIES
On May 19, over 1,100 local families joined us at TD Bank Ballpark, home of the Somerset Patriots, for the Y’s Healthy Kids Day—a 47% increase over 2018. The free community event inspires kids to be healthy through physical activity, nutrition and education.

18% MORE ACTIVE OLDER ADULTS
In 2019, 2,697 seniors engaged in activities that build physical strength, improve balance and flexibility, and help them stay connected to their community through friendships; an 18% increase over 2018.

+22% FIT 7TH GRADERS
1,717 7th graders engaged in wellness and programs at the Y; 22% more than the prior year. We offer free memberships to local 7th graders to inspire healthy nutrition, exercise and social behaviors at a time when kids are often introduced to risk activities. Healthy habits at this pivotal age have lifetime benefits.

159 INDIVIDUALS MANAGING CHRONIC DISEASE
We support individuals seeking to prevent and manage chronic disease by helping to improve health and achieve positive outcomes: EnhanceFitness: 91% improvement managing arthritis; Delay the Disease™: 100% better manage Parkinson’s symptoms; Diabetes Prevention: 60% lowered A1C levels; and, LIVESTRONG® at the YMCA: 94% physical improvement following cancer treatment.

INDIVIDUALS MANAGING CHRONIC DISEASE

18,579 HEALTHY ADULTS
Throughout the year, the Y provides a supportive environment where adults find balance and improve overall wellness in spirit, mind and body, thereby, achieving meaningful change in themselves and in their community.

TRANSFORM LIVES FOR BETTER HEALTH

“Gabe’s hospital physiotherapy ended when it was no longer covered by insurance. Knowing the importance of exercise, his mom and I looked for an accessible fitness center but it was hard to find until we came to Somerset Hills YMCA. The Y staff immediately embraced us and supported Gabe’s needs; with a personal trainer who identified exercises to build up his atrophied muscles. The trainer’s caring spirit, encouragement and in-depth knowledge of physiology have a positive impact on Gabe. The Y staff also encouraged me to participate in the Diabetes Prevention Program. With their support, I’ve lost more than 10 pounds and dropped my A1C level. It’s so important for everyone to have access to opportunities to improve their health and have the support of Y staff to reach their goals.”

– Giuseppe, Somerset Hills YMCA
At the Y, we feel our lives matter and my son, Kiwan, is thriving. He’s found friends, self-confidence and hope. After we both suffered domestic violence, it was heartbreaking to watch Kiwan give up on himself and life. That changed at the Y…a safe haven where we feel welcome and can breathe again. The Y staff are positive role models and Kiwan benefits from the structure and academic support. Without the Y’s financial assistance I couldn’t afford after school care, summer camp and other services that I need to work. I no longer worry that anyone will hurt my child. Rather, I know the Y is guiding Kiwan on a path to personal growth. In fact, he made the swim team! The Y opened a world of opportunity to us.”

— Verne, Somerville YMCA

Our Y has a deep history rooted in responding to society’s most pressing needs by developing innovative, community-based solutions to help those in need to reach their full potential. By inspiring a spirit of service and bringing together people from different backgrounds, perspectives and generations, we ensure that all have access to the opportunities, relationships and resources necessary to learn, grow and thrive. That’s how we move our community forward.

1,435
ACTIVE VOLUNTEERS
With a focus on social responsibility, the Y offers a host of important volunteer experiences. In 2019, 1,435 devoted volunteers donated their time, talent and service to advance the Y’s mission, to help transform lives and to strengthen community.

+77%
TEEN HUMANITARIANS
During the year, 652 teens gave selflessly of their time and talent through volunteer initiatives that benefit the community. The army of volunteers represents a 77% increase over the previous year and an immeasurable impact on the individuals served.

84%
MORE SPECIAL OLYMPIANS
With a focus on removing barriers and providing opportunities for everyone to thrive, we are committed to offering programs for individuals with special needs. In 2019, 46 athletes competed in our Special Olympics program, a growth of 84%.

150+
CORPORATE VOLUNTEERS
In 2019, 10 local companies engaged over 150 employees in Y service projects. The volunteer initiatives had a meaningful impact on thousands of lives in the community including Y campers, U.S. veterans, cancer survivors, homeless individuals, and disadvantaged young mothers.

640
HOURS OF ACADEMIC ENRICHMENT
Through the Y’s homework help and tutoring program, 33 adult and teen volunteers provided 640 hours of academic support to 75 students in Kindergarten - 8th Grade, which meets a vital need in the community.

“Transform lives for strong communities.”

— Somerville YMCA
TRANSFORM LIVES FOR A STRONGER COMMUNITY
FINANCIAL ASSISTANCE
AND COMMUNITY PROGRAM SUPPORT

Direct financial assistance and community program subsidies ensure that our doors remain open to all. Awards for child care and school age child care allow single and dual-working parents to work with peace of mind knowing that their children are safe and learning in a happy, enriching environment. Camp scholarships provide kids with the opportunity to make new friends, try new things and explore the outdoors all while having fun and building lifelong summer memories. Membership awards and program assistance empower individuals and families to pursue their interests and stay healthy – regardless of the inability to pay. In addition to direct financial assistance, we also support community-based programs that meet critical, unmet needs.

STATEMENT OF FINANCIAL POSITION

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2018</th>
<th>2019</th>
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</thead>
<tbody>
<tr>
<td>Cash &amp; Cash Equivalents</td>
<td>9,614,284</td>
<td>5,980,861</td>
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<tr>
<td>Investments</td>
<td>3,239,242</td>
<td>3,740,532</td>
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<tr>
<td>Accounts Receivable</td>
<td>171,537</td>
<td>271,409</td>
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<td>Pledge Receivables</td>
<td>977,853</td>
<td>1,075,935</td>
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<tr>
<td>Land, Building &amp; Equipment, Net</td>
<td>22,706,690</td>
<td>26,855,320</td>
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<tr>
<td>Other Assets</td>
<td>123,062</td>
<td>129,628</td>
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<td><strong>Total Assets</strong></td>
<td><strong>36,832,668</strong></td>
<td><strong>38,053,685</strong></td>
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<tr>
<th>LIABILITIES</th>
<th>2018</th>
<th>2019</th>
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</thead>
<tbody>
<tr>
<td>Accounts Payable &amp; Other Liabilities</td>
<td>741,764</td>
<td>537,350</td>
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<tr>
<td>Accrued Expenses</td>
<td>417,662</td>
<td>389,210</td>
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<td>Deferred Revenue</td>
<td>724,183</td>
<td>639,179</td>
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<tr>
<td>Bonds, Notes &amp; Mortgages Payable</td>
<td>2,985,700</td>
<td>2,593,913</td>
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<td><strong>Total Liabilities</strong></td>
<td><strong>4,869,309</strong></td>
<td><strong>4,159,652</strong></td>
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<tr>
<th>NET ASSETS</th>
<th>2018</th>
<th>2019</th>
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<tr>
<td><strong>Total Assets</strong></td>
<td><strong>31,963,359</strong></td>
<td><strong>33,894,033</strong></td>
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STATEMENT OF ACTIVITIES & CHANGES IN NET ASSETS

<table>
<thead>
<tr>
<th>SUPPORT &amp; REVENUES</th>
<th>2018</th>
<th>2019</th>
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</thead>
<tbody>
<tr>
<td>Program Revenue</td>
<td>9,547,741</td>
<td>9,396,346</td>
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<td>Membership Dues</td>
<td>9,886,871</td>
<td>9,831,373</td>
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<tr>
<td>Grants &amp; Contributions</td>
<td>2,084,969</td>
<td>1,680,124</td>
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<tr>
<td>Other</td>
<td>25,376</td>
<td>898,999</td>
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<tr>
<td><strong>Financial Assistance</strong></td>
<td><strong>1,258,213</strong></td>
<td><strong>1,046,376</strong></td>
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<tr>
<td><strong>Total Support &amp; Revenues</strong></td>
<td><strong>20,286,744</strong></td>
<td><strong>20,760,466</strong></td>
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<table>
<thead>
<tr>
<th>EXPENSES</th>
<th>2018</th>
<th>2019</th>
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<tbody>
<tr>
<td>Salaries &amp; Related Expense</td>
<td>10,987,308</td>
<td>11,673,444</td>
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<td>Contractual Services</td>
<td>1,395,676</td>
<td>1,485,693</td>
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<tr>
<td>Supplies/Equipment</td>
<td>824,832</td>
<td>860,354</td>
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<td>Occupancy</td>
<td>1,350,750</td>
<td>2,150,089</td>
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<tr>
<td>Depreciation</td>
<td>1,299,015</td>
<td>1,490,403</td>
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<tr>
<td>Financing</td>
<td>105,785</td>
<td>104,801</td>
</tr>
<tr>
<td>Other</td>
<td>1,049,144</td>
<td>1,065,006</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>17,792,510</strong></td>
<td><strong>18,829,790</strong></td>
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<thead>
<tr>
<th>Surplus/Deficit</th>
<th>2018</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surplus/Deficit</td>
<td><strong>2,494,234</strong></td>
<td><strong>1,930,676</strong></td>
</tr>
</tbody>
</table>

**1 Unaudited Results**
We recognize and extend our gratitude to the following individual donors, organizations, and companies who have made a contribution to Greater Somerset County YMCA’s Annual Campaign at a level of $1,000 or above. A full donor listing, including those who have made an honorary or memorial gift, can be found on our website www.gscymca.org. Donor listings reflect contributions made between January 1 and December 31, 2019. Please accept our sincerest apologies for any errors or omissions.

**STRONG PAST, BRIGHT FUTURE CAPITAL CAMPAIGN**

The following donors have made a commitment at a level of $1,000 or above to our Strong Past, Bright Future Capital Campaign as of December 31, 2019.

**$1,000,000**

- Anonymous (1)
- A & K Electrical Contractors, Inc.
- The Abrutyn Family
- B.J. Aggiaglo
- Inter-Mall Weight-Loss Group
- American Tae Kwon Do Academy, Inc.
- Anonymous (14)
- Kristin and Joe Antico
- AudibleTech
- The Balderson Family
- Bank of America
- Andrew Baptiste
- Teal & Tim Barone
- Bridgewater National
- The Briehl Group
- Bryson High School
- Bridge Victoria
- Brown and Kevin Eng
- SWIM, Inc.
- Somerset Hills Swim Team
- Team Parents Organization
- The Hunt Family
- The Catanese Family
- Antoinette DeMeo
- Mary Beth and Robert Drake
- Nancey and Robert Falco
- Gagnon Family Foundation
- Jill and Jim Gibson
- Cynthia and David Goldberg
- Sweeny Traugr
- Doug Harrington
- Edward Colleen
- Chris Harriss
- Hickey, Help, Inc.
- Jared A. and Sue Ellen Holleman Foundation
- Lynn and Mark Irwin
- Jasmin Pharmaceuticals
- Danker Insurance
- Doug Grierson
- James P. Knight
- Wendy and Michael Lario

**$250,000**

- Anonymous (1)
- Erwin Family Foundation
- Erwin Family
- Hilltop Golf
- Rainbow & B J Painting
- Scott Family Foundation
- Anonymous (1)
- Gemini Design Group, LLC
- Elon and Jane Gillen
- Gillman Rowland
- Goldendot Photography
- The Goldfield Family

**$100,000**

- Anonymous (1)
- Emery Smith Family
- M.D.
- Nancey and Richard Clark
- James Richart
- Regeneron Pharmaceuticals
- Reed Family Foundation, Inc.
- Pfizer, Inc.
- Shamala and Rama Ramaprasad
- Davenie and Bill Pereira
- David and Edenson Peres
- Patricia & Associates
- Gail & Family Foundation

**$50,000**

- Anonymous (1)
- John B. & Mary Ann Dunning
- John B. & Mary Ann Dunning
- Michael and Debrah Durocher
- The Hofmann Foundation
- Jockey Hollow Foundation
- Madelyn and Ward Randall
- Megeen and Andrew Losito
- The Roth Family
- The Ruffer Family
- The Ryberg Family
- The Schor Family
- William S. Sullivan
- Madelyn and Ward Randall
- Peter Sterio
The Y.™ For a better us.

GREATER SOMERSET COUNTY YMCA

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GREATER SOMERSET COUNTY YMCA
BRIDGEWATER YMCA | HILLSBOROUGH YMCA | PLAINFIELD YMCA | SOMERSET HILLS YMCA | SOMERSET VALLEY YMCA | SOMERVILLE YMCA

Association Office
140 Mount Airy Road, Basking Ridge, NJ 07920
(P) 908 630 3535

Greater Somerset County YMCA is a leading nonprofit committed to strengthening community by connecting all people to their potential, purpose and each other. The Y empowers everyone – no matter who they are or where they’re from – by ensuring access to resources, relationships and opportunities for all to learn, grow and thrive. For information about Greater Somerset County YMCA and financial assistance, visit us at www.gscymca.org

GIVE • JOIN • VOLUNTEER